



# A Prayer for Every Stage

## **Prayer for Strength and Renewal**

Father, renew my spirit when I grow weary. Remind me that You are my constant source of hope, and that each day is a new opportunity to walk with You. Amen.

## **Prayer for Joy and Contentment**

Dear God, teach me to find joy in the simple moments and contentment in Your presence. May I live each day with gratitude, no matter the season. Amen.

## **Prayer for Trust in the Journey**

Lord, when I am uncertain about the future, help me to trust in Your plan. May I rest in the assurance that You walk beside me always. Amen.

## **Prayer for Guidance in Midlife**

Lord, help me to navigate this stage of my life with grace and wisdom. Give me courage to embrace the changes and strength to follow Your will. Amen.